

DAILY BULLETIN: Monday, January 29, 2018 (A-day)

NO SCHOOL Friday, January 26th, Staff Development Day

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GENERAL INFORMATION:

Catch the Wave – BY THE SEA
March 9th, 2018 at the Portofino Inn

For Dinner tickets to the event, please go to - <http://pvboosterclub.com/product/dinner-tickets/>

For sponsorship opportunities, please go to - <http://pvboosterclub.com/product/sponsor-catch-the-wave/> or Contact Quinn Mulkey at quinnmulkey@fastmail.com

Sea King for Life – \$10,000
The Oarsman Family

Gold Sea King – \$2500
The King Family \$2,500

Silver Sea King – \$1500
The Jellison Family \$1,500

Bronze Sea King – \$500
Libby and Mike Thomas

Family Sea King - \$250
Tracy and Scott Holt

Proud Sea King – \$100
The Jeau Family

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K-POP DANCE CLUB MEETING

Hi K-pop Dance Club members! Please check the dates for the meetings on January 2018. We are going to meet during lunch at UDR. Please advised that you can wear dance shoes or socks only without regular shoes. Thank you!

Jan. 29

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KOREAN CULTURE CLUB

KCC members! We are going to have **K-pop day (EXO day) on Jan. 30th**. We are going to enjoy EXO music videos with popcorns! Please save the date and bring your friends too!

Date: Jan. 30 Tuesday

Time: Lunch time

Place: Mrs. Kim's room #403

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SLAM POETRY NITE

SECOND ANNUAL SLAM POETRY EVENING: Sea King students in *Tradewinds Literary Publications* will deliver original poetry for all students on **Tuesday, Jan. 30TH 7-9pm in the OAR**. The evening is free to all PVHS students. Hope to see you all there!

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ATTN WORK EXPERIENCE/INTERNSHIP STUDENTS

There is a **mandatory meeting on Thursday February 1st at 10:00am (passing) in the Wellness Center**. Next semester's syllabus and timesheets will be distributed. See Ms Hafer or Mrs A if you have questions.

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BOYS LACROSSE FUNDRAISER

Please help our PVHS Boys Lacrosse team raise funds by **placing an advertisement in our professional Game Day Program or by hanging a banner in our stadium**. It's a great way to promote your business or service in the community! **Deadline is February 1st**. Contact Andrea McCann at mccann6@cox.net for details. **Please see attached: [2018 PV Lacrosse Ad Form and Banner Info and Form](#)**. Thank you very much.

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BOEING INTERNSHIP

CALLING ALL JUNIORS! Do you want to spend next summer as an intern at Boeing? Come to the **informational meeting on February 1st at 5:30pm at Peninsula High School PAC**. Learn about the application process, time commitment, and daily tasks from last year's interns and Boeing representatives. **Parents and students are both encouraged to attend**.

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AMC 10/12

The **American Math Competition, AMC 10 & 12**, will be given at PV High on **Wed, Feb 7th, 8:00am - 9:30am**. This national contest, sponsored by the Mathematical Association of America (MAA), is used to identify, recognize, and reward excellence in math. It is open to all students at PV High and all Honors Math students are encouraged to take it. It is a great way to practice advanced problem solving and to TEACHER, and **contact Mrs. Norris (NORRISL@pvpusd.net)** with any questions.

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ANIMAL AWARENESS ASSOCIATION

The Animal Awareness Association is looking for **volunteers to help out at the Aquarium of the Pacific!** We will focus on learning about animals, especially endangered animals, as well as teaching others about them. For more information about dates and times, and if you want to sign up, visit <http://www.signupgenius.com/go/60b0e4ea8ae23a0f49-club!>

FREE KOREAN BBQ LUNCH

In order to celebrate Lunar New Year and the exceptional achievements of PVHS Korean class students including many scholarship opportunities for the past two years, the PVHS Korean program hosts a FREE KOREAN BBQ LUNCH for all PVHS students while supplies last! This event is funded by the Foundation of the Korean Language and Culture and hosted by Korean class parents. We will watch K-pop lip dub videos that the Korean class students have created as well! Please save the date and join this fun!

FREE KOREAN BBQ LUNCH

Date: Feb. 16
Time: Lunch time
Place: Sea King Park
Who is invited?: All PVHS students

KOREAN

If you have any questions regarding the **Korean NEWL test (AP equivalent test), Korean online program, or Korean Honors Society**, please contact Mrs. Kim directly before you plan to register. You will get the latest and most valid information. Thank you.

Mrs. Esther Kim: kime@pvpusd.net

SAVE THE DATE: ALL PRO DADS BREAKFAST

Wednesday, February 28, 2018 at 8am in the Gym

Dads and other important male role models, are you looking for ways to improve health and reduce stress? Join us for the next All Pro Dads Breakfast with Dr. Brad Barez, Chiropractor and Owner of Back to Healthcare Chiropractic. Maintaining a healthy relationship requires constant adjustments at every age, literally! Brad will share tips on Wellness and how Dads can help lead a healthier lifestyle.

Please plan on joining us and **RSVP to Diane Imbach** at dimbach22@aol.com.

LOS ANGELES BRAIN BEE

The Brain Bee allows students to learn more about neuroscience and compete with their peers for a chance to participate at the National Brain Bee in Baltimore, MD! Students do not need prior knowledge in neuroscience to participate. It is recommended that students prepare for the event by downloading the following books: *Neuroscience: the Science of the Brain* https://www.bna.org.uk/static/docs/BNA_English.pdf and *Brain Facts* www.brainfacts.org.

During the competition, students will take a written exam and a practical exam involving human brain anatomy, in order to test their knowledge in basic neuroanatomy as well as principles in neuroscience. All exam questions will be taken from the books listed above.

As a part of the event, students will:

- (1) Participate in interactive demonstrations about neuroscience and the brain
- (2) Meet neuroscience professionals and students
- (3) Go on campus and lab tours at the USC Health Science Campus
- (4) Enjoy a complimentary lunch

Registration is free, and the event is scheduled for **Saturday, February 3rd, 2018 from 9am to 4pm at the University of Southern California Zilkha Neurogenetic Institute (ZNI)**. To register and for more information please visit our website at: <http://losangelesbrainbee.com/> or see [the attached flyer](#).

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NHS TUTORING

There is daily tutoring being offered by the NHS in **Room 410 at lunch**.

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VOLUNTEER AND INTERNSHIP OPPORTUNITIES

The **Palos Verdes Peninsula Land Conservancy** conserves and protects the native lands of Palos Verdes for everyone in the community to enjoy. Please see [the attached flyer](#) for the fun and educational **Outdoor Volunteer Days** they have coming up in 2018. For information on internship positions please visit www.pvplc.org.

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SOUTH BAY FAMILIES CONNECTED

PVPUSD is pleased to be a South Bay Families Connected Partner School

Please visit our unique youth wellness web page, [PVPUSD Families Connected \(www.southbayfamiliesconnected.org/pvpusd\)](http://www.southbayfamiliesconnected.org/pvpusd)

Don't miss this month's [SBFC newsletter](#) focusing on stress and anxiety in our youth, including great advice and resources for parents. This month we feature the [SBFC Stress and Anxiety](#) page for resources and national articles.

Also, please check out the following links on SBFC:

<http://www.southbayfamiliesconnected.org/help-kid-cope-with-technology>
<http://www.southbayfamiliesconnected.org/help-kid-cope-with-bullying>
<http://www.southbayfamiliesconnected.org/building-an-inclusive-community-for-our-youth>

STRAW BALLOT FOR 2018-19 PVHS PTSA OFFICERS

The PVHS PTSA Nominating Committee needs and wants your suggestions for next year's officers (click here for [Job Descriptions](#)). Please make your nominations by filling in [this ballot](#) and e-mail it by **February 1st, 2018** to the PVHS Parliamentarian Cathy Fresch at queenbee98@cox.net. Questions? Please call Cathy at 310-594-1215

LIBRARY NEWS:

Students with **SEMESTER-ONLY classes**, please return your books to the Library after your final or beforehand.

Please be advised, **books for 2nd semester courses** will not be issued until outstanding books have been returned.

COUNSELING OFFICE NEWS:

Attention Parents of Current Sophomores: The counseling office will be holding a ***Sophomore Parent Presentation on February 7th at 8:30AM and 6:30PM***. Both presentations will cover the same material so you may attend the time that is most convenient for your schedule. The Sophomore parent presentation covers a variety of important information regarding college admission, graduation requirements, and college admission testing. Counselors will also discuss the importance of finding a College that matches a student's interests and strengths. There will also be an overview of Naviance, a web-based program that assists students in the research and management of the College process. At the presentation you will have the opportunity to schedule a private appointment to meet with your student's counselors. For those parents unable to attend the presentation, we encourage you to review the **PowerPoint of the presentation which will be posted on www.pvhigh.com** shortly following. We hope to see you all there!

Attention Seniors Applying to College:

It is time to order Mid-Year transcripts. **Mid year transcripts** include your first semester senior year grades. Many colleges require these to be sent for admission. We recommend you look at your

applicant portal or on the college website to determine if you need to send a mid-year transcript. **You can pick up the mid-year transcript instructions and order form at the front of the counseling office starting Monday January 8th.** If you have any questions please see your counselor.

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MINDFULNESS PROGRAM

A Mindfulness Program will be offered every **B Tuesday at lunch in the Wellness Center.** All students and staff are invited. See Jill Moeller or Nancy De La Rosa for questions.

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COLLEGE AND CAREER CENTER NEWS:

SENIORS, the Cal Grant GPA data was successfully uploaded by PVPUSD on Tuesday, November 28. If you opted out of this process, your information was not uploaded. In order to be considered for the Cal Grant Awards, **seniors must also submit the FAFSA** (*Free Application for Federal Student Aid*). If you have NOT filed the FAFSA, please do so before the deadline posted by the college/university to which you applied. To access the FAFSA website, click on the following link: <https://fafsa.ed.gov/>

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OUTSIDE OPPORTUNITIES:

Military Service Academy Day, hosted by Congressman Ted Lieu, will take place on **Saturday, February 10, 1:00 pm – 4:00 pm at the Los Angeles Air Force Base**, Gordon Conference Center, 400 North Douglas Street, El Segundo. Students 6th-11th grade, parents, and educators are welcome! You are invited to listen to speakers from the United States Air Force Academy, United States Military Academy, United States Naval Academy, United States Coast Guard Academy, United States Merchant Marine Academy, parents, and current attendees at each of the Service Academies. **Because of the restricted access to the base, you will need to RSVP no later than January 31, 2018 by visiting the following website:** <https://ca33serviceacademyday.eventbrite.com>. Questions: Daisy Paniagua-Uribe at (323) 651-1040 or daisy.paniagua-uribe@mail.house.gov. For more information **see the attached flyer** or visit: <https://lieu.house.gov/services/military-academy-nominations>.

U.S. Naval Sea Cadet Corps is a military youth program for young men and women: Navy Sea Cadet Corp (Ages 14-17) and the Navy League Cadet Corp (Ages 11-13). It is sponsored by the U.S. Navy, U.S. Coast Guard, and U.S. Marine Corps. Students will have the opportunity to participate in Aviation, Field and Medical Training, Leadership Development, Military Police Science, Scuba Diving, Sailing and Photo-Journalism. Cadets train aboard U.S. Navy and Coast Guard Vessels and can meet Sea Cadets from around the world in their International Exchange Program. Information on the

program can be accessed at www.bevhillsnavyleague.org, then click on the Sea Cadet tab. For more details, please contact LTJG Doug Irvine, USNSCC at (310) 977-5183 or doug@iwssurveying.com.

SCHOLARSHIP OPPORTUNITIES and DEADLINES:

We are in the midst of scholarship season! NOW IS THE TIME TO APPLY. A complete list of scholarships is listed on Naviance. To access information on these scholarships, please log onto NAVIANCE. Click on the COLLEGES tab and then scroll down to SCHOLARSHIPS and MONEY. Click on SCHOLARSHIP LIST. At this point, select the scholarship of interest. In many cases, you will be directed to a website for the application. In other instances, you may be able to download the application directly from NAVIANCE.

Scholarship Deadlines through February 9, 2018:

FEBRUARY 1 - AL NEUHARTH FREE SPIRIT SCHOLARSHIP – JUNIORS ONLY are encouraged to apply for the 2018, all expense-paid, conference at the Newseum in Washington, D.C. To qualify you must be a high school junior who will graduate in the Class of 2019; be committed to pursuing a career in journalism; demonstrate qualities of a “free spirit”. To apply, log onto <http://www.newseuminstitute.org/initiatives/al-neuharth-free-spirit-and-journalism-conference/>

FEBRUARY 1 - CA STATE PTA (\$500) – seniors only; state competition; must be a member of PVHS PTSA in good standing; no minimum GPA; focuses on a student’s volunteer service in the school and community. To apply, log onto <http://capta.org/programs-events/scholarships/graduating-high-school-seniors/>

FEBRUARY 1 - COX CARES (\$1,000 - \$5,000) - seniors only; will enroll in a two or four year college within the U.S.; minimum unweighted GPA of 3.0; demonstrated commitment to volunteer service; demonstrated financial need. To apply, log onto www.coxcharitiesca.org.

FEBRUARY 1 - PVP ROTARY CLUB SPEECH CONTEST (\$200 - \$1,000) - grades 9-12; students will present their speech on February 9 at the Rotary Club Meeting. Speech Topic: “*Making a Difference*”, the Rotary Motto this year. Completed application is due prior to speech. Applications may be downloaded from Naviance.

FEBRUARY 2 - ELK’S LEGACY AWARD (\$4,000) – seniors only; any child/grandchild of a living Elk who joined the order on or before April 1, 2015 is eligible to apply. Candidates who qualify are judged on knowledge, charity, community service and integrity. To apply, log onto <http://www.elks.org/ENF/scholars/legacy.cfm>

FEBRUARY 7 - SANDPIPERS SCHOLARSHIP (varies) - seniors only; minimum unweighted GPA of 3.0; demonstrate financial need; actively involved in community service; scholarship RENEWABLE for each year in college. To apply, log onto <http://app.smarterselect.com/programs/35440-Sandpipers>

FEBRUARY 9 - DELTA SIGMA THETA SORORITY, INC. LOS ANGELES CHAPTER SCHOLARSHIP (varies) - seniors only; must be of African-American ancestry; have at least at 3.5 GPA on a 4.0 scale and an ACT/SAT score in the 90th percentile; demonstrate extracurricular

activity/leadership; show financial need. To apply, log onto <http://dstlchapter.com/> . Applications may also be downloaded from Naviance.

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SPORTS NEWS:

SWIM

The PVHS Swim Team for 2018 has been posted. Please stop by the Student Store to pick up the team paperwork.

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BASEBALL

BASEBALL TRYOUTS for Freshman and any players interested in joining the team, will be held **February 13th, and February 15th from 3-5pm at the Baseball Stadium.** Please note that students **MUST HAVE A CURRENT PHYSICAL** on file in the Health Office to try out. All interested students please come and sign up on the Baseball Tryout Sheet in the Athletic Office.

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TRACK & FIELD

Track/Field Parent Meeting will be held on **Tuesday, February 13th at 6pm on the OAR.**

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HOME GAMES:

Friday, 1/26 Boys' Soccer vs. Inglewood: JV@3pm, V@3pm
Friday, 1/26 Boys' Basketball vs. Inglewood: JV@4:30pm, V@7:30pm
Friday, 1/26 Girls' basketball vs. Inglewood: V@6pm

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Monday, 1/29 Girls' water Polo vs. Yuciapa: V@3pm, JV@4pm

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Tuesday, 1/30 Girls' Soccer vs. Mira Costa: FS@2:30pm, V@3pm, JV@5:45pm
Tuesday 1/30 Girls' FS Basketball vs. Mira Costa @ 3pm
Tuesday, 1/30 Boys' FS Basketball vs. Mira Costa @ 4:30pm

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Wednesday, 1/31 Girls' Water Polo vs West: V@3pm, JV@4pm

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Thursday, 2/1 Girls' Water Polo vs. Culver City: V@3pm, JV@4pm

Friday, 2/2 Girls' Soccer vs. Redondo: FS@230pm, V@3pm, JV@5:45pm

Friday, 2/2 Girls' FS Basketball vs. Redondo @ 3pm

Friday, 2/2 Boys' FS Basketball vs. Redondo @ 4:30pm

HOME BASKETBALL INFORMATION

Policies and expectations for attendance and behavior.

Students:

- All entry will be from the entrance behind the gym by the swimming pool.
- You must have your 2017-2018 student ID with your ASB sticker for free admission.
- If you do not have an ASB sticker, you will need to buy a ticket at the back of the gym for \$8.
- No return admission if you exit during the game.
- No backpacks or bags are allowed.
- No liquids and no water bottles are allowed.
- Students may be subjected to the Breathalyzer at any PVHS event.
- Positive behavior is expected throughout the game. Failure to behave in an appropriate manner may result in removal from the game and further games.
- Students are not allowed on the court before, during, or after the game.

Spectators:

- Spectators will enter from the front of the gym. Tickets are required for entry and will be sold at the front doors to the gym. Ticket prices are \$8 for adults and \$4 for children 13 and under. Correct change is always appreciated.
 - There will be a snack bar at the game.
 - Positive behavior is expected throughout the game.
 - Spectators are not allowed on the court before, during, or after the game.
-